



## **Purley Bury Tennis Club Sun Safety Policy**

In view of the dangers of over-exposure to the sun and ultra-violet (UV) radiation, Purley Bury Tennis Club will encourage and promote the importance of being sun safe to all. Parents / carers also have a responsibility to empower children.

When participating in any Purley Bury program (term or holiday), parents / carers are advised to promote sun safety by:

- Application of sunscreen twenty minutes prior to outdoor activities, and encouraging children to re-apply every two hours;
- informing Purley Bury whether sunscreen can be re-applied to the child;
- ensuring each child arrives at a program with hat and water;
- acting as a role model by practicing sun safe behaviours;

Purley Bury Tennis club will promote sun safety by:

- maximising the use of shade in outdoor activities;
- providing access to SPF 30+ broad-spectrum water-resistant sunscreen, and drinking water;
- keeping children without a hat or other sun protective equipment out of the sun as much as practicable;
- encouraging staff and children to use available areas of shade for outdoor activities; requesting staff to act as role models by practicing sun safe behaviours;
- ensuring children are outdoors for no more than 2 hours at any one time as much as practicable;

If you have any concerns about sun safety at Purley Bury Tennis Club you should contact the Club Welfare Officer, Alastair Horsford Tel:07702360702 Email address: a\_horsford@hotmail.com, or Club Coach, Mark Love Tel: 020 8668 5250 Email: mdlcoaching@hotmail.com